



INTERNATIONAL INDIAN SCHOOL BURAIDAH Annual Sports – APEX 2026



Ref: Cir-43/IISB/2026-27

13.10.2026

"Believe in Yourself, Give your Best, and enjoy the Game!"

Dear Parents and Students,

We are excited to announce the **Annual Sports Meet – Apex 2026**, will be conducted from **15.11.2026 -19.11.2026**. Participation in athletics and Games plays a vital role in building teamwork, resilience, and leadership, and we encourage all students to step up and participate. The entry forms are to be submitted **on or before 05.11.2026** to the event coordinators mentioned.

DAY -1 BOYS: -15.11.2026

Age Group	Coordinators	Event-1	Event-2	Event-3	Event-4
2008-2010	Ms. Nousheen Ghazala, Ms. Arya M.S	100M	200M	SHOTPUT	4X100 M RELAY
2011-2012	Ms. Fousiya Manikkal, Ms. Abisho Beautlin	100M	200M	DISCUS THROW	4X100 M RELAY
2013-2014	Ms. Ayesha Jaffar, Ms. Yasmeen Bee	100M	SHOTPUT	LONG JUMP	4X100 M RELAY
2015-2016	Ms. Shafeena Taj, Ms. Ameena Nusaiba	100M	LONG JUMP	SHOTPUT	4X100 M RELAY
2017-2018	Ms. Shameera Shabeer, Ms. Nabeela Nasar	50M	FROG RACE	SHUTTLE RUN	4X50 M SHUTTLE RELAY
2019-2020	Ms. Fousia Sanaullah, Ms. Masooda Anjum	50M	HOPPING RACE	FROG RACE	4X50 M SHUTTLE RELAY
2021-2022	Ms. Laxmi Prassanna, Ms. Raseema Anas	25M	HOOLA HOOP RACE	FROG RACE	BALANCE THE BALL

DAY -2 GIRLS: DATE; 16/11/2026

Age Group	Coordinators	Event-1	Event-2	Event-3	Event-4
2008-2010	Ms. Reshma Fathima, Ms. Sajida	100 M	SHOTPUT	DISCUS THROW	4X100 M REALY
2011-2012	Ms. Amrin Hyder, Ms. Bushra Parveen	100 M	200M	SHOTPUT	4X100 M REALY
2013-2014	Ms. Jesna Kilayil, Ms. Manjula Baiju	100 M	200M	LONG JUMP	4X100 M REALY
2015-2016	Ms. Shahana P H, Ms. Rubeena Rais	100 M	LONG JUMP	SHOTPUT	4X100 M REALY
2017-2018	Ms. Sundus Mukkudam, Ms. Vareesha	50M	HOPPING RACE	LEMON & SPOON	4X50 M SHUTTLE RELAY
2019-2020	Ms. Asma Parveen, Ms. Parveen Yezdani	50 M	LEMON & SPOON	FROG RACE	4X50 M SHUTTLE RELAY
2021-2022	Ms. Sabitha Mol, Ms. Nahid	25M	HOOLA HOOP RACE	FROG RACE	BALANCE THE BALL

DAY -3 BOYS (GAMES) DATE: 17/11/2026

Age Group	Coordinators	GAME-1	GAME-2
2008-2010	Ms. Nousheen Ghazala, Ms. Arya MS	FOOT BALL	TUG OF WAR
2011-2012	Ms. Fousiya Manikkal, Ms. Abisho Beautlin	FOOT BALL	TUG OF WAR
2013-2014	Ms. Ayesha Jaffar, Ms. Yasmeen B ee	FOOT BALL	TUG OF WAR
2015-2016	Ms. Shafeena Taj, Ms. Ameena Nusaiba	TABLE TENNIS	BADMINTON
2017-2018	Ms. Shameera Shabeer, Ms. Nabeela Nasar	KHO KHO	DODGEBALL
2019-2020	Ms. Fousia Sanaullah, Ms. Masooda Anjum	BALL PASSING	SCOOP THE BALLS
2021-2022	Ms. Laxmi Prassanna, Ms. Raseema Anas	BALL PASSING	SCOOP THE BALLS

DAY -4 GIRLS (GAMES) DATE: 18/11/2026

Age Group	Coordinators	GAME-1	GAME-2
2008-2010	Ms. Reshma Fathima, Ms. Sajida	BADMINTON	TUG OF WAR
2011-2012	Ms. Amrin Hyder, Ms. Bushra Parveen	BADMINTON	TUG OF WAR
2013-2014	Ms. Jesna Kilayil, Ms. Manjula Baiju	BADMINTON	TUG OF WAR
2015-2016	Ms. Shahana PH, Ms. Rubeena Rais	KHO KHO	TABLE TENNIS
2017-2018	Ms. Sundus Mukkudam, Ms. Vareesha	KHO KHO	DODGEBALL
2019-2020	Ms. Asma Parveen, Ms. Parveen Yezdani	BALLPASSING	MUSICAL CHAIR
2021-2022	Ms. Sabitha mol, Ms. Nahid	BALLPASSING	MUSICAL CHAIR

DAY-5 SPORTS WEEK CEREMONY; DATE: 19/11/2026

- Events Finals
- March past
- Cultural Activities
- Medal Distribution Ceremony

Please Note:

- A student can participate in a maximum of 3 athletic events.
- To ensure academic progress, revision classes for Classes 9 to 12 will be conducted alongside the Sports Week activities.

Gear up and Get ready!

Regards,

Principal (Interim)



Cc: Chairman, Members of SMC, HOD'S, Staff and School Website