

INTERNATIONAL INDIAN SCHOOL BURAI DAH

Worksheet for the academic year 2025-2026

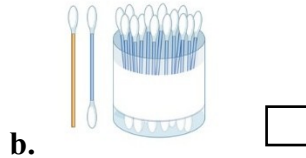
EVS Worksheet-03

Topic: L#8, 9&10

Name: \_\_\_\_\_ Class: 1 ( ) Date: \_\_\_\_\_

A. Tick ( ✓ ) the correct option:

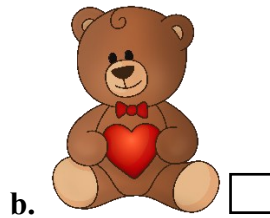
1. We use this to clean our ears.



2. We should sleep early



3. This is a safe object



4. We should eat this diet.



B. Fill in the blanks:

1. Always be a \_\_\_\_\_ child.

2. We say \_\_\_\_\_ when do something wrong.

3. We must have a \_\_\_\_\_ lifestyle.

4. We should keep our body \_\_\_\_\_.

C. Fill in the blanks. Use the help box.

correct

junk

eight

1. We should avoid eating \_\_\_\_\_ food.

2. We should sleep \_\_\_\_\_ hours a day.

3. We should maintain a \_\_\_\_\_ posture.

**D. Answer the following questions:**

**Q1. How should we cross busy roads?**

Ans: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Q2. Why should we follow safety rules?**

Ans: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Q3. What should we do when we get hurt?**

Ans: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_